

# MINDFUL INTRODUCTION TO INFANT MENTAL HEALTH (MIIMH) ONLINE COURSE



The *Mindful* Introduction to Infant Mental Health (MIIMH) is a half day, online, on-demand training course providing an introduction to the ideas, research and clinical practice concerning the mental health and wellbeing of children 0-5 years and their families/carers.

Over 4 modules it covers infant and early childhood development, an introduction to Attachment Theory and principles of therapeutic work with infants and young children and their families/carers. It provides an ideal start for clinicians beginning practice with infants and young children as well as those seeking a refresher on the topic.

## WHO FOR:

The training is suitable for clinicians (all disciplines) working in CAMHS/CYMHS and professionals working in child protection, family support and early childhood sectors interested in infant mental health.

## COST:

\$70 + GST - Victorian CAMHS/CYMHS, Take Two, Headspace, Orygen and other subsidised professionals

\$140 + GST - Other Professionals

## ENQUIRIES:

Please contact [mindful-iimh@unimelb.edu.au](mailto:mindful-iimh@unimelb.edu.au)



Register online at

<https://ecommerce.unimelb.edu.au/faculty-stores/mindful-centre-for-training-research-in-developmental-health>

For more information find us at: [www.mindful.org.au](http://www.mindful.org.au)

Please note: This information is correct at the time of publishing and is subject to change.